



## Free Lesson 1

### How to Tune the Guitar!

Hey guys! If you are new to guitar then practise the exercise I showed you. It's important that you learn to control your fingers and be able to spread them out. By doing this exercise you will also synchronize your left and right hand. The more you practise the basics, the easier you're going to be able to play songs when you learn them. I still practise these basic exercises and I've been playing for 15 years!

There is a full-length lesson on the archive which will teach you how to tune by ear.

Until you can tune by ear I highly recommend buying an electric tuner. You can get one from your local music shop or you can get one from [vguitarlessons.com](http://vguitarlessons.com), they are relatively cheap and are well worth it.

If you find this too easy, go to the website ([www.vguitarlessons.com](http://www.vguitarlessons.com)) you will find full-length lessons where you can learn lots of different songs, riffs, solos, etc.

6<sup>th</sup> = E

5<sup>th</sup> = A

4<sup>th</sup> = D

3<sup>rd</sup> = G

2<sup>nd</sup> = B

1<sup>st</sup> = E

I recommend finding a friend who plays guitar to help you tune for the first time, then after that it should be easier for you to maintain the tuning by making minor adjustments.

Have fun! Play everything you learn to your friends and family!  
See you in the next Lesson.

Ben Lowrey

### **REMEMBER!**

- We add new songs to the archive regularly so keep checking in with us.
- You can get discount off of your lessons by inviting friends to the site, + they get to see the 12 FREE lessons for themselves!
- We are linked with an online music shop so you can buy equipment such as strings, plectrums, amps, FX pedals, guitars, tuners, simply by clicking the link on the [www.vGuitarLessons.com](http://www.vGuitarLessons.com) homepage.
- If you are looking for musicians to Jam with or start a band, check out the member section on the website.
- The more lessons you buy, the bigger discount you get!

[www.vGuitarLessons.com](http://www.vGuitarLessons.com)